



Vermont Prescription Monitoring System

May 2018 Update

What is the Vermont Prescription Monitoring System?

- A statewide **electronic database** of controlled substance prescriptions dispensed from Vermont-licensed pharmacies that became operational in January 2009
 - ▣ Vermont-licensed pharmacies upload data every 24 hours
- A **clinical tool** to promote the appropriate prescribing of controlled substances and deter misuse, abuse, and diversion of controlled substances
- In June 2017, VPMS transitioned to a new platform, PMP AWARE
 - ▣ PMP AWARE is active in 42 states and territories
 - ▣ The new system allows for the integration of provider tools and regular system-wide updates

□ **Registration Outreach**

- Outreach to unregistered prescribers of controlled substances completed in March 2018
- In March and April, 679 new prescribers were registered
 - Currently estimated >85% registration compliant
 - Follow-up letter to go out in early June

□ **VA Prescriber Role Access**

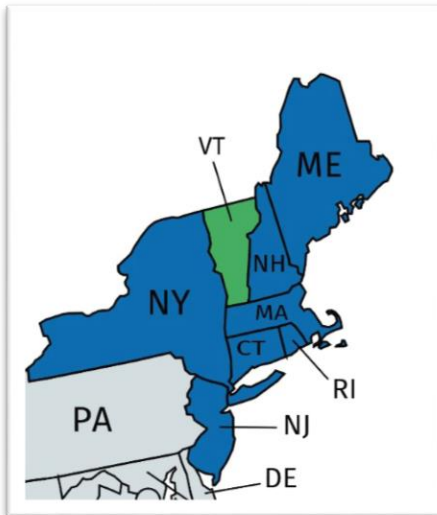
- Prescribers at the VA who do not have a Vermont license were not able to register for VPMS, despite treating Vermonters
- In March 2018, a new role was created for VA prescribers, allowing them VPMS access

Prescriber Insight Reports

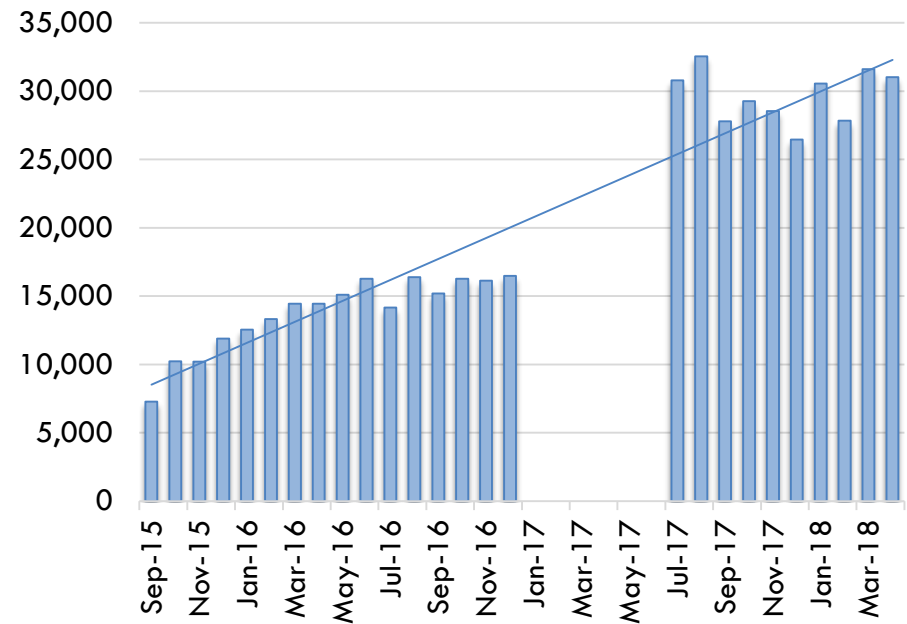
- ▣ Quarterly reports of a prescriber's opioid prescribing practices covering six month intervals
- ▣ Available to prescribers with active VPMS accounts
- ▣ Allows prescribers to compare their own prescribing practices with similar prescribers

VPMS Access and Querying

- VPMS allows sharing with seven states in the northeast
- Only provider types allowed by both states can query the system.

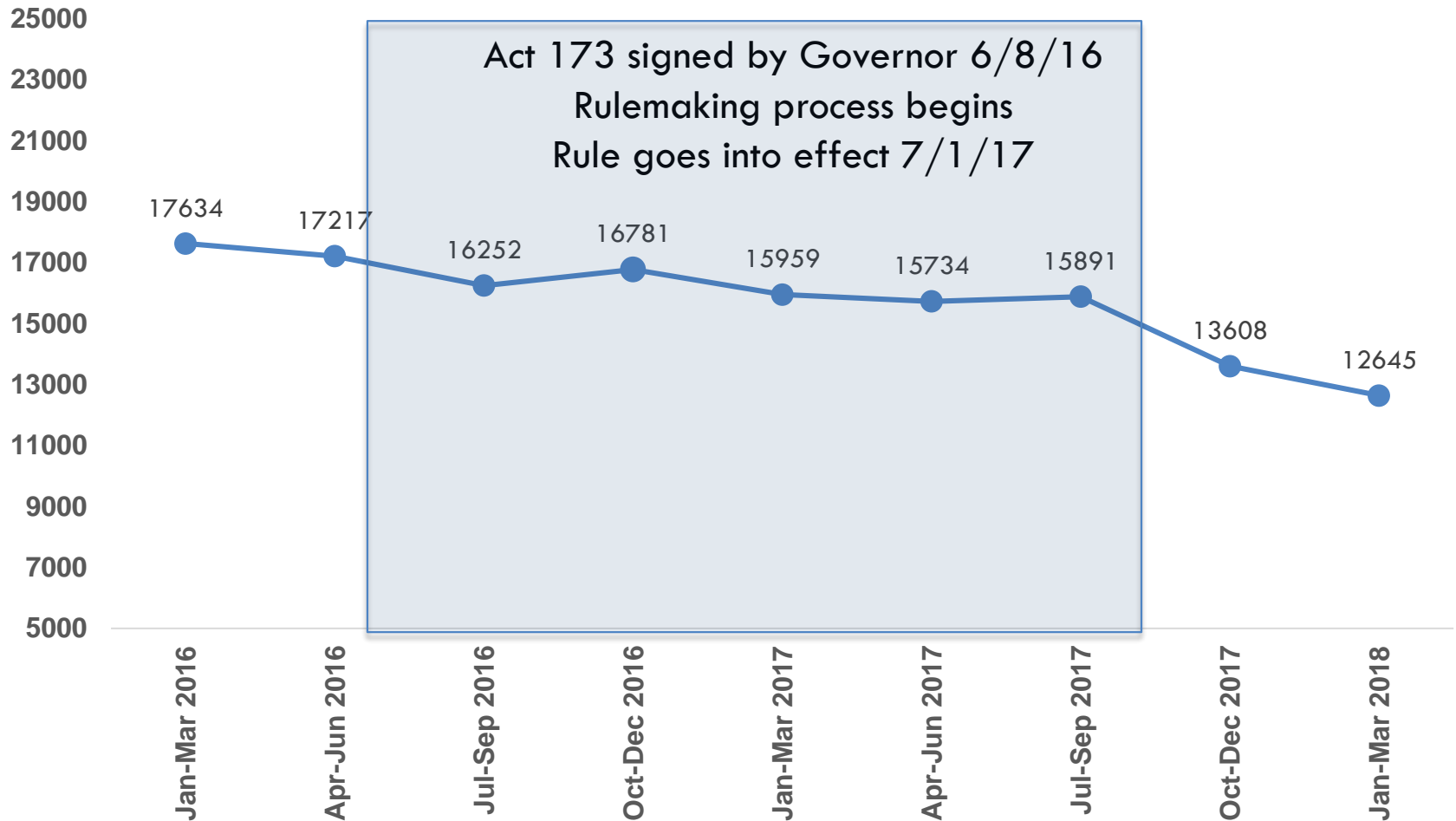


Number of System Queries by Month



- Gap is due to reporting capabilities through two system platform changes – queries continued during those times

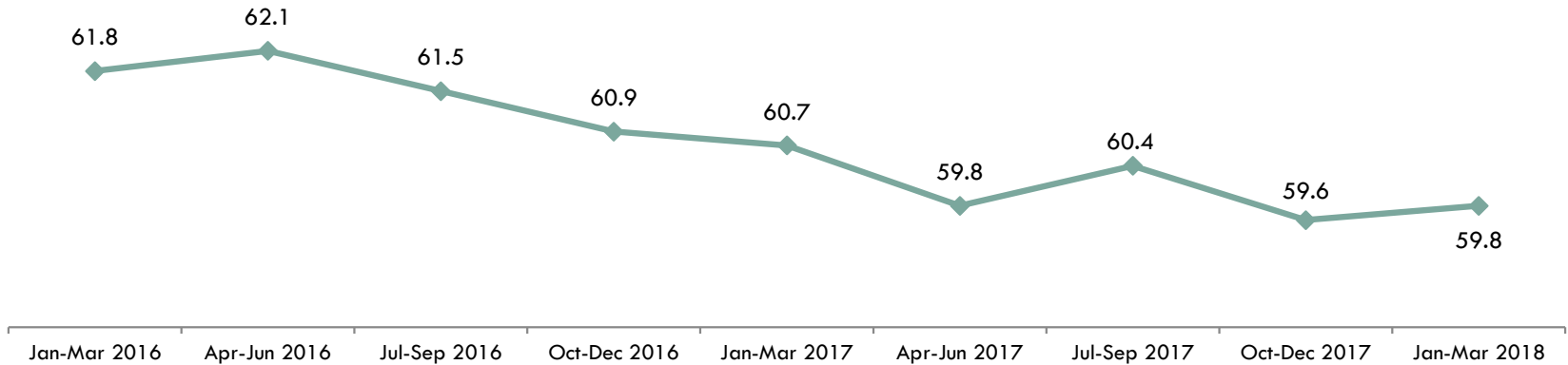
Total MME Opioid Analgesics per 100 Residents began to decrease after S.243 was signed and prior to implementation



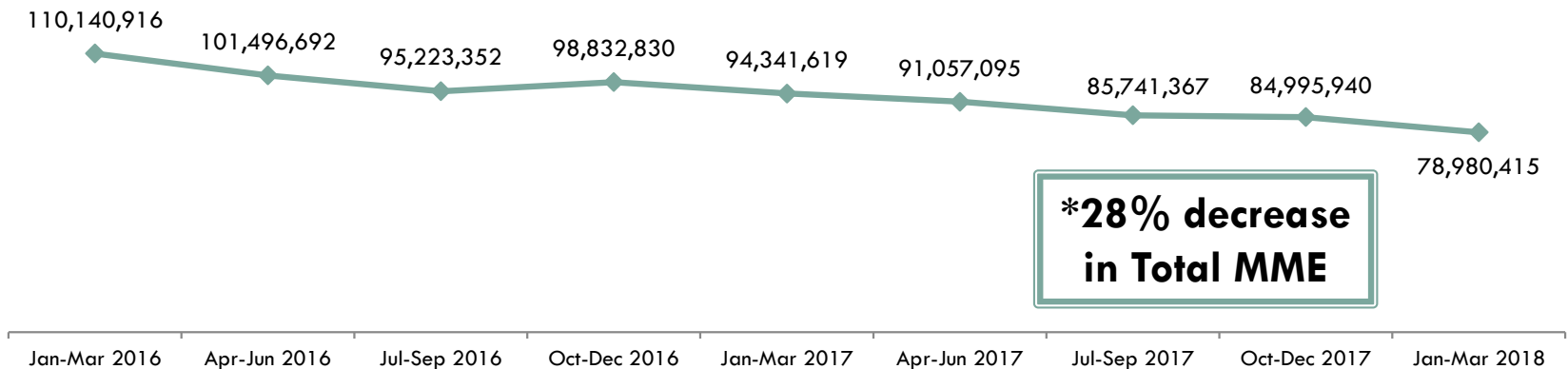
There was a 28% decrease in MME/100 people between Q1 2016 and Q1 2018

Statewide VPMS Quarterly Trends

Vermont Average Daily MME Per Prescription by Quarter and Year



Vermont Total MME Dispensed by Quarter and Year*



- Reports and Data Briefs can be found on the VPMS website: <http://www.healthvermont.gov/alcohol-drugs/reports/data-and-reports>

- For more information:

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